

**D M B K. SHASHENDRA**

[eynaudlogic@gmail.com](mailto:eynaudlogic@gmail.com)

### **Professional Summary**

I am a passionate academic and practitioner with specialized expertise in Psychology, Philosophy, Logic, and Buddhist Thought. Grounded in both theoretical frameworks and practical applications, I bring extensive experience in teaching, academic research, and applied counseling with a psychological focus. My work uniquely integrates Eastern and Western perspectives, emphasizing critical thinking, ethical reflection, and holistic human well-being. I am deeply committed to advancing psychological understanding through education, community engagement, and counseling practices that promote mental health and personal growth. Seeking opportunities in academia or institutions that value interdisciplinary approaches, I aim to contribute to the development of psychology as a human-centered, reflective, and transformative discipline.

### **Professional Memberships**

**Adjunct Member**, American Philosophical Practitioners Association (APPA), USA (2025–Present)

**Regular Member**, *National Philosophical Counseling Association (NPCA)*, USA Since 2025 (Membership personally welcomed by Dr. Samuel Zinaich)

### **Academic Appointments**

**Lecturer in Psychology Aquinas College of Higher Studies, Colombo, Sri Lanka**

*Dec 2023 – May 2025 | Contract | On-site*

Taught undergraduate modules in Psychology & Counselling, using a student-centered approach with a focus on theory, application, and ethical reflection.

#### **Courses Taught**

*Psychology of Religion & Spirituality (45 hrs)*

*General Psychology I (30 hrs)*

*Psychopathology (45 hrs)*

#### **Key Responsibilities**

Delivered lectures, guided presentations, and conducted assessments.

Designed examinations aligned with learning outcomes.

Maintained course records and promoted academic integrity.

Encouraged ethical thinking and reflective learning in class.

Skills: Higher Education Teaching · Psychology & Mental Health · Curriculum Planning ·

Assessment Design · Student Engagement · Academic Administration

**External Lecturer – Comparative Study of Religions (REST 41173 C) Buddhist and Pali University of Sri Lanka, Homagama**

*2020 – 2022 | Seasonal | On-site*

Taught an advanced-level course on major world religions (Buddhism, Hinduism, Christianity, Islam, etc.), emphasizing comparative analysis of beliefs, ethics, rituals, and philosophies.

Designed and evaluated assessments, led interactive lectures, and guided students in interfaith understanding and critical reflection.

**Key Focus Areas:**

Comparative Religion · Interfaith Dialogue · Ethics & Philosophy · Assessment Design · Student Engagement

**Logic Teacher (Advanced Level) St. Peter's College, Colombo, Sri Lanka**

*Jul 2018 – Feb 2024 | Full-time | On-site*

Taught Advanced Level Logic, focusing on critical thinking, formal/informal reasoning, and ethics. Designed and evaluated academic content, mentored students, and integrated real-life applications to deepen understanding.

**Additional Roles**

**Cadet Master-in-Charge (2+ yrs):** Led cadet discipline and leadership programs.

**Sports Coordinator:** Promoted teamwork and student wellness through sports and events.

Coordinated school-wide and national-level student activities.

**Key Skills**

Teaching · Curriculum Design · Critical Thinking · Student Mentoring · Leadership · Event Coordination · Communication

**Education**

**MSc in Clinical & Health Psychology (final exam)**

University of West London, United Kingdom

**Postgraduate Diploma in Education (English Medium)**

University of Colombo, Sri Lanka, 2020–2022

### **MA in Philosophy**

University of Peradeniya, Sri Lanka, 2013

### **BA (Special) in Philosophy & Psychology** (*Second Class Upper Division*)

University of Sri Jayewardenepura, Sri Lanka, 2006–2007

**Certificate Course in Sex Therapy (Batch 04)** | Family Planning Association - Sexual Reproductive Health Institute (TVEC-Registered Learning Centre) *Expected*

*Completion: September 2025*

## **Administrative and Leadership Roles**

**President**, Philosophy & Psychology Association, University of Sri Jayewardenepura (2010)

**Assistant Manager**, Micro Pension Project – Sarvodaya SEED Gte. Ltd. in collaboration with National University of Singapore (2016–2019, part-time)

Designed and managed field research

Community outreach and data analysis

Reporting to international academic leadership (Singapore Management University)

**Master-in-Charge**, Cadet Platoon, St. Peter's College, Colombo 04 (2020–2022)

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## **Teaching Experience**

**Logic Teacher**, St. Peter's College, Colombo 04 (2018–2024)

**Logic Teacher**, Sujatha Vidyalaya, Nugegoda (2016)

**Logic Teacher**, Lindsay Balika Vidyalaya, Bambalapitiya (2016–2018, part-time)

## **Research and Publications**

1. Shashendra, D.M.B.K., & Nishantha, I.L.H. (2024). *Buddhist Environmental Ethics: A Framework for Addressing Environmental Challenges in Sri Lanka*, Global Summit on Empowering Higher Education, Tamil Nadu, India. ISBN: 978-93-95151-75-7.
2. *Introduction to Symbolic Logic* (Advanced Level Book, upcoming publication, 2019)
3. *Socrates' Strangeness*, Annual Medical Journal – Old Boys Association of Ibbagamuwa Central College (2015)
4. *The Problem of the Nature of Ethical Statement in Philosophy*, Royal Asiatic Society of Sri Lanka (2016)

5. *Environmental Ethics and Imprisonment of Animals in Zoological Parks*, Paper presentation – RCHSS-2016, London, UK
6. Abstract titled "*Philosophical Counseling as a Transformative Practice in Sri Lanka: An Alternative to Psychotherapy*" submitted to the Development Research Conference (DRC) 2025, University of Kelaniya, and currently under review.
7. Abstract titled "*From Ego to Eco: Buddhist Psychology and the Ethics of Sustainable Development*" submitted to the **International Conference on Leadership, Village Empowerment & Sustainability (ICLVE 2025)**, University of Sri Jayewardenepura, and currently under review.

## **Academic Projects and Initiatives**

### **Founder and Director – The Philosophy Space (2025–Present)**

Website: [www.thephilosophyspace.com](http://www.thephilosophyspace.com)

Established a dedicated online and community-based platform to promote philosophical counseling, environmental ethics, and critical thinking dialogue in Sri Lanka. The project integrates academic insight, public education, and community outreach.

- i. Offers philosophical counseling sessions, educational programs, and workshops.
- ii. Develops digital content and research-informed services focused on ethical living, social transformation, and personal development.
- iii. Engages with both local and global audiences to foster reflective discourse on social and philosophical issues.
- iv. Recognized as one of the first philosophical counseling projects in Sri Lanka initiated by a university academic.

## **Professional Qualifications**

Diploma in Advanced English for Administration and Academic Purposes (DAE), University of Colombo, 2016

English Language Certificate Course (Intermediate Level), Royal Institute, 2010

Psychological Counseling Diploma, Sri Lanka Mental Health Foundation, 2011

### **Language Proficiency**

**Sinhala:** Native

**English:** Professional Working Proficiency (IELTS – Band 5.5)

**German:** A1 Level – Goethe Institute, Sri Lanka

**Referees 1. Dr. Asha Nimali Fernando**

Senior Lecturer, Department of Philosophy and Psychology

University of Sri Jayewardenepura

Email: asha@sjp.ac.lk | Phone: +94 077 749 1468 (whatsaap)

**2. Dr. Maneesha Wanasinghe Pasqual Head,**

Department of International Relations

Faculty of Arts, University of Colombo

Email: maneeshawp@gmail.com | Phone: +94 077 733 4839

**Declaration**

I hereby certify that the information provided in this CV is true and accurate to the best of my knowledge.

**Signature:** \_\_\_Kamal Shashendra\_\_\_\_\_

**Date:** \_\_\_\_\_6.1.2025\_\_\_\_\_