

# Lynndal Keith Daniels

## CA Licensed Marriage & Family Therapist (LMFT# 78183)

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### EDUCATION

**Master of Arts in Counseling Psychology**  
Institute of Transpersonal Psychology

Palo Alto, CA  
06/96

Bachelor of Science in Liberal Arts (Magna Cum Laude)  
**University of Central Oklahoma**

Edmond, OK  
05/92

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### MENTAL HEALTH SERVICES EXPERIENCE

**Owner/CEO/President**

10/23 - Present

**Psychotherapist.Coach: A Marriage and Family Therapist Corporation**

- Private Practice Professional Corporation
- Individual & Couple Therapy
- Supervisor for Associate Marriage & Family Therapists & Associate Professional Clinical Counselors
- Board Certified Coach and APPA Certified Philosophical Counselor

**Licensed Marriage and Family Therapist**

12/13 – 10/23

Private Practice (San Francisco, CA)

- Individual & Couple Therapy
- Board Certified Telemental Health Provider
- Pluralistic therapy, including aspects of psychodynamic, humanistic, cognitive-behavioral and transpersonal psychotherapy modalities.
- Specialties include: Transdiagnostic CBT, Clean Language & Symbolic Modeling (formerly “Metaphor Therapy”, Method of Levels, mindfulness and somatic modalities.

**Clinical Supervisor**

01/16 – Present

The Liberation Institute (San Francisco, CA)

- BBS qualified Group Supervision in multiple group sessions for both Trainees and Registered Associates including MFT, PCC and CSW trainees and associates.
- Implemented online video supervision group for Registered Associates and Hybrid online/in-person group for trainees and associates
- Provide individual supervision as needed

Sentio Counseling Center (Los Angeles, CA)

09/23 - Present

- Group Supervision with a heavy focus on deliberate practice and video supervision of client work.
- 2 Group Supervision/week

External Supervisor (Private Practice)

- Provision of individual supervision for Associates working in exempt settings

**Individual Practicum Trainee Supervisor**

06/16 - Present

California Institute of Integral Studies (CIIS) (San Francisco, CA)

- Provide individual supervision for CIIS graduate students during their fieldwork practicums

**Licensed Marriage and Family Therapist (intern thru Dec 2013)**

10/11 – 01/16

**Board of Directors Member**

San Francisco, CA

The Liberation Institute (San Francisco, CA)

Provide individual, couple and family therapy at a non-government funded, non-profit, community-based mental health agency in the Mission District of San Francisco

- Perform consultations (intakes), conduct assessments, diagnose and develop treatment plans
- Maintain thorough and timely progress notes and treatment plan reviews
- As a Member of Board of Directors - Helped plan and implement organization strategy and goals

**Post-Master's MFT Intern**

San Francisco, CA

Salvation Army Adult Rehabilitation Center (San Francisco, CA)

09/10 – 01/12

- Provided individual and group therapy to residential clients in an Alcohol and Drug addiction treatment program
- Responsible for a case load of 28+ individual clients who participated in weekly 1:1 counseling sessions and once weekly group therapy sessions
- Taught psycho-educational classes, including Anger Management and Relapse Prevention
- Presented monthly Family and Co-Dependent education program
- Focused on co-occurring disorders, alcohol and substance dependence, family history and patterns, relapse prevention, self-awareness and self-esteem development
- Participated in monthly rehabilitation staff meetings and attended weekly individual and group supervision along with didactic trainings

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**PROFESSIONAL DEVELOPMENT**

- **Certified Affiliate in Client Counseling (2024)** - American Philosophical Practitioner's Association
- **Board Certified Telemental Health Provider (2018)** – Center for Credentialing and Education
- **Board Certified Coach (2017)** – Center for Credentialing and Education
- **Certified Telebehavioral Health Practitioner (2017)** – Telebehavioral Health Institute
- **15 hours of ASW Supervision Training (2017)**
- **Balint Group Leadership Training (2017)**
- **Motivational Interviewing (2016)**
- **British Association for Behavioural & Cognitive Psychotherapies (2016)** – *The Method of Levels: A Transdiagnostic Approach to Effective and Efficient Patient-Perspective Treatment*
- **Clean Language Institute (2014)** – *Certified Clean Language & Symbolic Modeling Facilitator*
- **MiCBT Institute (2013)** - *Mindfulness-Integrated Cognitive Behavioral Therapy Foundation Course*
- **Institute for the Advancement of Human Behavior (2012)** - *Acceptance and Commitment Therapy in Psychotherapy: A Mindful Approach to Rapid Clinical Change*
- **Insight Prison Project (2011)** - *Victim/Offender Education Group Facilitator Training*
- **Stanford University (2011)** - *TEAM Model Psychotherapy Development and Training Group in CBT*
- **Institute of Transpersonal Psychology (1994)** - *Certificate in Transpersonal Studies*
- **Institute for Behavioral Healthcare (1996)** - *When There Isn't Enough Time, Cognitive Therapy Innovations,*
- **Institute for Advanced Study of Human Sexuality (1996)** - *Human Sexuality #101*
- **Presbyterian Medical Center (1995)**- *Ten Day's to Self-Esteem Leader's Workshop*

## BUSINESS EXPERIENCE

### **Owner/Manager/Consultant**

2004 - Present

Zendo Property Investments, LLC (San Francisco, CA)

- Owner/Operator of a privately held real estate investment company focused on providing affordable housing through single and multi-family residential real estate investments
- Research, acquire, and manage income-producing properties in the Midwest and Eastern United States
- Hire and supervise local property managers and independent contractors
- Construct offers and negotiate deals with sellers/buyers and real estate agents
- Work with financial institutions to secure funding
- Oversee day to day accounting/record keeping and provide oversight on LLC tax filings

### **Community Editor**

2000 - 2004

Infoworld Media Group (San Mateo, CA)

- Worked for one of the world's largest information technology media companies, Imprint of International Data Group (IDG) of Framingham, MA
- Designed, built and managed online community strategy
- Organized, arranged and hosted over 100 live online events

### **Online Community Manager/Marketing Manager**

1994 - 1999

Infoseek Corp & Zorch Inc. (Sunnyvale & Menlo Park, CA)

- Managed 20+ person 24/7 customer support team (Infoseek)
- Managed design and monitoring of online community (Infoseek)
- Social Media Marketing for online startup (Zorch)

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REFERENCES AVAILABLE UPON REQUEST

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