



Dr. Snigdha Ketan Chavan

B-1207, Whistling Meadows, Bavdhan, Pune, India
+91 8329534808 · snigdharina22@gmail.com

Ph.D., M.Phil., NET, M.A. (Gold Medalist)

Career Objective

Passionate and highly organized educationalist and philosophical counsellor with a Ph.D., M.Phil., M.A. (Gold medallist) in Philosophy and extensive experience in client counselling and academic instruction. Adept at fostering critical thinking, simplifying complex topics, and promoting collaborative learning environments. Committed to contributing to the holistic development of students through innovative educational programs and effective counselling practices. Seeking a challenging position where my adaptability, teamwork, management skills, and dedication to academic excellence can drive student success and institutional growth.

EXPERIENCE

1. Visiting Faculty, Sir Parshuram Bhau College, Pune — Jan 2024 - May 2024.

Course taught Six Courses: Methods of Philosophy, Pre-Shankara & Shankara Vedanta, Indian Epistemology, Thinkers and Textual Studies (Western), Value Education and Introduction to Indian Philosophy 2023 Pattern (NEP).

2. Philosophical Counselor, Gurukul School, Satara — September 2021- September 2023.

• *Facilitating Critical Thinking and Ethical Reasoning*

Encouraging Critical Analysis: Help students develop critical thinking skills by engaging them in discussions that challenge their assumptions and encourage deeper understanding.

Ethical Discussions: Guide students through ethical dilemmas, helping them explore different perspectives and understand the implications of their choices.

• *Supporting Emotional and Psychological Well-Being*

Counseling Services: Provide one-on-one or group counseling sessions to help students address personal and academic challenges, using philosophical methods to explore their thoughts and feelings.

Stress and Anxiety Management: Teach students philosophical techniques and frameworks to manage stress, anxiety, and other emotional difficulties.

- *Enhancing Academic and Personal Growth*

Philosophical Inquiry: Integrate philosophical inquiry into the curriculum, encouraging students to ask profound questions and seek meaningful answers.

Personal Development: Support students in understanding their values, goals, and purpose, fostering a sense of self-awareness and personal growth.

- *Promoting a Positive School Culture*

Moral Education: Contribute to the development of a positive school culture by promoting values such as respect, integrity, and empathy through philosophical discussions and activities.

Conflict Resolution: Assist in mediating conflicts between students or between students and teachers, using philosophical dialogue to find common ground and mutual understanding.

- *Collaboration with Educators and Parents*

Teacher Support: Work with teachers to integrate philosophical concepts into their teaching methods and provide support in addressing student behavior and academic issues.

Parent Engagement: Engage with parents to discuss their child's development and provide insights into how philosophical counseling can support their child's educational journey.

- *Developing and Implementing Programs*

Workshops and Seminars: Organize workshops and seminars on topics such as ethics, logic, and critical thinking for students, teachers, and parents.

Philosophy Clubs: Establish and oversee philosophy clubs or discussion groups where students can explore philosophical ideas in a supportive environment.

- *Research and Continuous Improvement*

Educational Research: Conduct research on the effectiveness of philosophical counseling methods in educational settings and contribute to the development of best practices.

- *Professional Development*: Stay updated with the latest developments in philosophical counseling and education to continuously improve the quality of support provided to students.

3. Assistant Professor (C.H.B), Sir Parshuram Bhau College — January 2018 - July 2019.

Courses taught: Logic and Indian Philosophy.

4. Visiting Faculty, N. Wadia College, Pune — September 2014 - May 2015.

Course taught: Logic and Philosophy.

5. Freelancing Philosophical Counseling since last 24 years.

6. Edited 11+ Odia books by Sirshree on Personality Development, Value Education and Communication skills. (2002 - 2016)

EDUCATION

- American Philosophical Practitioners Association and The Philosophical Practitioner Association of India — Client Counselling (July 2023).
- Savitribai Phule Pune University — Ph.D. (Philosophy) October 2018. Awarded JRF from Indian Council of Philosophical Research, Delhi during Ph.D.
- National Eligibility Test — NET in Philosophy, July 2016.
- Savitribai Phule Pune University — M.Phil. in Philosophy, 2015 ('O' Grade).
- Hyderabad Central University — M.A. (Philosophy) 2000 (Gold Medalist).

COURSES

- Savitribai Phule Pune University, Deshana Institute of Buddhist and Allied Studies (DIVAS) — Certificate Course in Basic Pali and Allied Studies (Distinction), October 2020.
- Savitribai Phule Pune University, Centre of Advanced Study in Sanskrit — Diploma in Indian logic and Epistemology (First Class), December 2015.
- Savitribai Phule Pune University, Women's Studies Centre — Graduate Certificate Course in Women's Studies ('O' Grade), December 2009.

PUBLICATIONS

Research papers

1. Androgyny in Therīgāthā [Ajanta; Vol- VIII 2019, 77-82, 2277- 5730].
2. Goals of Life: Arhat/ Bodhisattva [Dhimahi; Vol- 8, 2017, 103-109 0976-3066].
3. Women and Nirvana (With Special Reference to Early Buddhism)
[Exploring the edges of Belief: A Cognitive Myth 2017 123 978-81-32156-12-7]
4. Conception of Morality in Hinduism [Dhimahi Vol- 7 2016 141-152 0976-3066].
5. Dr. B.R. Ambedkar and Women Empowerment [Milestone Education Review 2016 26-35 2278-2168].
6. Logic for Personality Development [CTBC's International Research Journal, 2015, 107, 2350-0905].

Books (by Sirshree). 2002-2016:

1. Nirakar

2. Dhyān Niyam
3. Mrutyu Uparanta Jibana
4. Prarthana Beeja
5. Prithibi Lakshya
6. Ishwara hin Achhanti Tume Kie Eha Khoja Aau Bujha
7. Vichara Niyama
8. Sampurna Lakshya
9. Sweekarara Jadu
10. Nijara Sadhana
11. 100% Swasthya

PAPER PRESENTATIONS

- Delivered a plenary speech in the State Level Conference on "Logic and its Applications in Different Fields of Humanities" U.G.C. Sponsored Chandmal Tarachand Bora College, Shirur, August 7-8, 2015.
- Presented paper on Indian Philosophy in International Seminar at Nagpur University in the year 2019.
- Presented paper titled "Androgyny and Buddhist Tantra/Yoga" Centre of Advanced Study in Sanskrit, Savitribai Phule Pune University. International conference on "Yoga (Concepts, Theories and Practices)" 15th -17th March, 2018.
- Presented paper titled "Work Life and Family: A Balancing Act" Centre of Advanced Study in Sanskrit, Savitribai Phule Pune University. National Seminar on "Critics and Criticisms in India (Ancient and Modern)" 14th - 16th March, 2017.
- Presented paper titled "Sambalpuri Folklore: Through the Gender Lens" Centre of Advanced Study in Sanskrit, Savitribai Phule Pune University. Indian Dramatic Traditions: Theory and Practice (Ancient and Modern)" 16th - 18th February, 2017.3
- Presented paper on Indian Philosophy "Women and Nirvāṇa" Dept. of Philosophy, Vidyanagar College, Kolkata UGC sponsored National Seminar on "Exploring the Edges of Belief: A Cognitive Myth" 11th -12th November, 2016.
- "Buddhism and Androgynism", Indian Council of Philosophical Research held at Fellow's Meet 6th - 7 th September, 2016, Academic Centre, Lucknow.

- "Commonalities in the Thoughts of Wittgenstein and Buddhism"
1 st Wittgenstein Conference of Ludwig Wittgenstein's Philosophical Society, held at Lucknow University "Language and Life: Reflection on Wittgenstein's Philosophy" 12th -13th March, 2016.
- "Re-understanding Buddhist Tantra", Centre of Advanced Study in Sanskrit, SPPU & Kaivalyadham Yoga Institute, Lonavala. International Conference on "Science and Art of Yoga: Theory and Practice" 24th -27th February, 2016.
- "Concept of Pramāṇa in Indian Philosophy", Swami Ramanand Teerth Marathwada University, Nanded. First International Poornavad Conference "21st Century Challenges before Contemporary Global Philosophy" 23rd -25th January, 2016.
- "Dr. Ambedkar's view on women", Dept. of Philosophy, University of Pune and Department of Philosophy, Professor Sonopanth Dandekar Adhyasan, S. P. College, Pune. State Level Student Seminar on "Nyaya Sankalpana/ Dr. Babasaheb Ambedkar's Philosophy" 19th – 20th January, 2016.
- "Ramana Maharshi on Self-Inquiry", Dept. of Philosophy, University of Pune. Professor Daya Krishna Memorial Students, Seminar. 25th -26th February, 2013.

REFERENCES

1. Professor

Dr. H. G. Navale

Department of Philosophy,
Savitribai Phule Pune University, Pune.

Email: - harishnavale9@gmail.com

Contact + 91 98501 11159

2. Principal

Mrs. Anuradha R. Kadam

Gurukul School, Satara, Maharashtra.

Email: gurukulschoolsatara@yahoo.in

Contact: - +919730189547

Declaration: -

I declare that all the above information is correct to my belief. I am responsible for the authenticity of all the information.

Dr. Snigdha Ketan Chavan

4th July, 2024