

# Session 14: Records, Case Histories

## Initial Consultation: 50-minute hour

- Obtain client's informed consent
- Learn client's background and relevant history.  
(age, education, marital status, occupation, medical condition, etc.)
- Ascertain nature of problem or process.  
(Does primary issue lie within scope of philosophical practice?)
- Build rapport and deepen inquiry through dialogue.
- Offer preliminary evaluation, suggesting line(s) and methods of future inquiry based on initial consultation.
- Take notes unobtrusively throughout. Date each session.

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## Elements of Written Case Study:

- Relevant history
- Nature of problem or process
- Main philosophical issue
- Method (if any) and heuristic for selection
- Philosophical idea(s) that were helpful
- How was main issue managed or resolved?
- Other relevant issues?
- Other observations
- Relations to theory or case literature extant