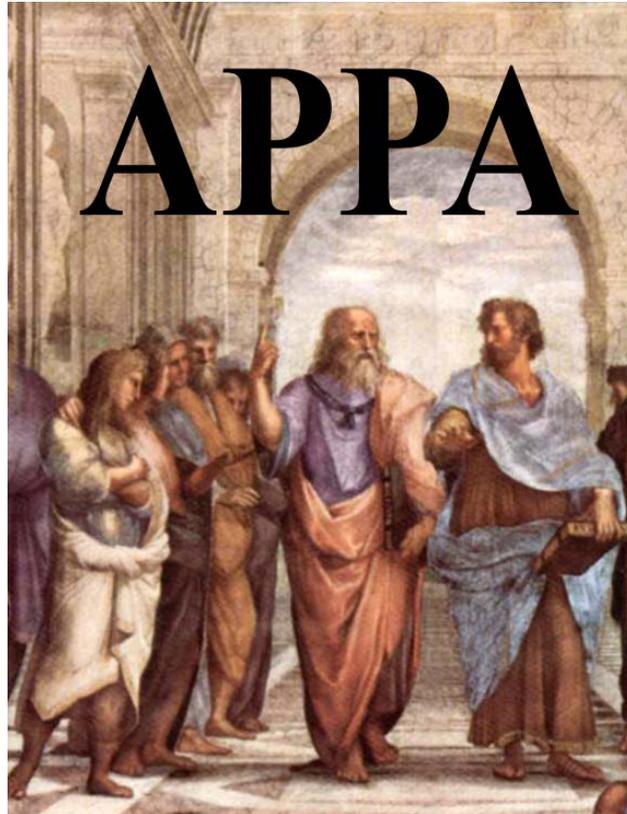


American Philosophical Practitioners Association

Annual Meeting Program

Saturday, July 18, 2015



**The City College of New York
North Academic Center, Fifth Floor, Room 5/144**

open to all members, free of charge

admin@appa.edu

[directions to CCNY, and campus map](#)

8:30 - 9:00 a.m.

Registration

9:00 - 10:00 a.m.

Skye Cleary: Existentialism and Romantic Love

Skye Cleary, PhD and APPA Certified Fellow, will discuss her new book *Existentialism and Romantic Love* (Palgrave Macmillan, 2015). The book investigates the thinking of five existential philosophers (Max Stirner, Soren Kierkegaard, Friedrich Nietzsche, Jean-Paul Sartre, and Simone de Beauvoir) to uncover fresh insights about what is wrong with our everyday ideas about romantic loving, why reality often falls short of the ideal, sources of frustrations and disappointments, and possibilities for creating authentically meaningful relationships.

10:00 - 11:00 a.m.

Chet Sunde: Plato and Philosophical Counseling

Plato's *Politeia*, commonly known as *The Republic*, is generally considered a political work, aimed at answering the question of how to establish a just state. The author contends that the *Politeia* is a psychological or psycho-philosophical work, aimed at answering the question of how to establish a just psyche, or internal government. The author will show that rather than the tripartite model of the psyche that is commonly ascribed to Plato, and compared to Freud's Structural Model, there is a crucial fourth part that is the key to understanding the *Politeia* and psychological health. Plato's Alcibiades 1 will be shown to contain this Tetradic Model as well, and to be effective as the Propylaia or gateway to introducing individuals to the philosophical life, as described by Proclus. Finally, the author will present a modern version of the Tetradic Model for use in a psychotherapeutic or philosophical counseling setting. Chet Sunde is a Psy.D., Clinical Psychologist, and APPA Affiliate member.

11:00 - 11:30 a.m.

coffee break

11:30 a.m. - 12:30 p.m.

Dena Hurst: Extract from Women in Philosophical Counseling

Dena Hurst, PhD and APPA Certified Fellow, is a Researcher and Project Manager at the Florida Institute of Government and Florida State University. She is also Associate Editor of APPA's Journal, *Philosophical Practice*, and a contributor to a new book. *Women in Philosophical Counseling: The Anima of Thought into Action*, co-edited by Peter Raabe and Luisa de Paula. Dena will speak on her contributed chapter to this book.

12:30 p.m. - 1:30 p.m.

lunch, in local restaurant(s) on Amsterdam Avenue between 138th-139th Streets

1:30 - 2:30 p.m.

David Wolf : *Philosophy That Works*, 2nd Edition

An original text, 190 pages with index, shows that confusions underlie humanity's commonsense outlook. The problem is with factual truth; a solution emerges from close examination of various theories. The salient distinction is between factual truth as metaphor and truthfulness (or moral truth) as truth's literal meaning. Part Two, *Conclusions* confirms that this work has a practical purpose. Principles of informative power, fully described, lead to a set of eight great tasks for an empowered, unchained philosophy connected to humanity's larger directions. Philosophy need no longer be limited and isolated from society; it can embrace action and results.

2:30 - 3:30 p.m.

Shanti (aka Barbara Jones): Using Ancient Spiritual Exercises in Philosophical Practice

Ancient Western philosophers had well-developed spiritual practices designed to transform consciousness by changing the way a person saw the world and existed within it. Ancient philosophy, in its most fundamental nature, was not a systematic theoretical construct, but rather consisted in a series of practical exercises (*askesis*) destined to change the practitioner's perceptions and being. These exercises involved not only thought on his part, but also the use of his imagination and senses. Through them he metamorphosed into a fully integrated human being who was able to master his internal discourse, to harmonize his desires with the course of Nature and universal reason, and to achieve cosmic consciousness. Shanti (aka Barbara U. Jones, Ph.D.) is a self-actualization coach in Taos, New Mexico. She has written and produced cabaret shows on the virtues of optimism, love, and wisdom for both APPA and the ICPP.

3:30 - 4:00 p.m.

coffee break

4:00 - 5:00 p.m.

Stanley Chan: On Rational Suicide and McTaggart's Philosophy of Time

Should the terminally ill as medically defined be accorded the right to choose their own time to end their existence? I shall outline the characteristics of McTaggart's B Theory of time and argue, not so much legally but philosophically and clinically, in support of such a proposition, particularly for the non-theistic dying. A case illustration will be presented. Stanley Chan, MSW, is a retired social worker and APPA-Certified Practitioner emeritus.

5:00 - 5:30 p.m.

Lou Marinoff: Annual Report & close of meeting

6:00 - 8:00 p.m.

**closing dinner, El Azteca Mexican Restaurant, 783 Ninth Avenue (at 52nd Street).
from CCNY: take #1 subway downtown, exit at 50th Street.**