**RICK REPETTI**

<http://www.rickrepetti.com/>

**PERSONAL DATA**

Place of Birth New York, NY

Citizenship USA

Office Contact CUNY/Kingsborough Community College

Department of History, Philosophy and Political Science

2001 Oriental Boulevard, Rm. D223

Brooklyn, NY 11235

718-368-5226

[rick.repetti@kbcc.cuny.edu](mailto:rrepetti@kingsborough.edu)

Residential Contact 175 Hidden Court

Old Bridge, NJ 08857

718-809-1625

**ACADEMIC EMPLOYMENT**

CUNY/KINGSBOROUGH COMMUNITY COLLEGE: DEPT. OF

HISTORY, PHILOSOPHY & POLITICAL SCIENCE

2016 – Professor

2013 – 2016 Associate Professor

2006 – 2013 Assistant Professor (tenured Fall 2011)

2004 – 2006 Instructor (f/t)

2003 – 2004 Substitute Lecturer (f/t)

1996 – 2000 Adjunct Instructor (p/t)

VASSAR COLLEGE: EXPLORING TRANSFER PROGRAM

2008 Visiting Lecturer: Global Ethics and Identity

2007 Visiting Lecturer: Engaged Ethics: Integrating Contemplative Practice and

Social Justice

CUNY/BROOKLYN COLLEGE: PHILOSOPHY DEPARTMENT

1991 – 2003 Adjunct / Graduate Teaching Fellow

1998 – 1999 Deputy Chair, summers

1998 – 1999 CUNY/LAGUARDIA COMMUNITY COLLEGE

HUMANITIES DEPARTMENT

Adjunct Instructor

**EDUCATION**

CUNY/GRADUATE SCHOOL

2005 PHD IN PHILOSOPHY

Dissertation: title: The Metacausal Theory of Autonomy

Topic: Metacognitive practices increase autonomy

Committee: Harry Frankfurt, Galen Strawson, John Greenwood

(chair), Stephen Grover, Michael Levin (advisor)

2003 M.PHIL. IN PHILOSOPHY

Area of specialization: Philosophy of Language

1989 CUNY/BROOKLYN COLLEGE

B.A. IN PHILOSOPHY (*Phi Beta Kappa, summa cum laude*)

**PUBLICATIONS: BOOKS**

2022 *The Routledge Handbook on the Philosophy of Meditation*. Ed. R. Repetti. London: Routledge

2019 *Buddhism, Meditation, and Free Will: A Buddhist Theory of Mental Freedom.* London: Routledge

2017 *Buddhist Perspectives on Free Will: Agentless Agency?* Ed. R. Repetti. London: Routledge

2010 *The Counterfactual Theory of Free Will: A Genuinely Deterministic Form of Soft Determinism.* LAP Lambert Academic

**PUBLICATIONS: ARTICLES**

2023 “A Sampling of Philosophical Counseling Frameworks, Tools, and Practices”. *Interdisciplinary Research in Counseling Ethics and Philosophy*, 3(8): 136-195.

2020 “A Defense of *Buddhism, Meditation, and Free Will: A Theory of Mental Freedom*,” *Zygon* 55 (2): 540-564.

2020 “Meditation.” *Palgrave Encyclopedia of the* Possible (October 14, 2020), 1-9.

2020 “Existential Digestion: Philosophical Counseling during the Pandemic,” *Philosophical Practice* 15 (2-3): 2508-2515

2019 “Freedom of the Mind: Buddhist Soft Compatibilism,” *Philosophy East*

*and West* 70 (1): 174-195.

2018 “Symposium on *Buddhist Perspectives on Free Will: Agentless Agency?*”, *Journal of Buddhist Ethics* 25, 635-662.

2018 “It Wasn’t Us: Reply to Michael Brent”, *Journal of Buddhist Ethics* 25, 839-855.

2018“It Wasn’t Me: Replies to Karin Meyers”, *Journal of Buddhist Ethics* 25, 855-886.

2016 “If God Didn’t Satisfice, We Could Still Exist”, *Science, Religion & Culture* 2:4 (March 2016), 115-24 (invited by editor)

2015 “Buddhist Meditation and the Possibility of Freedom”, *Science, Religion & Culture* 2:2 (May 2015), 81-98 (invited by editor)

2014 “Recent Buddhist Theories of Free Will: Compatibilism, Incompatibilism, and Beyond”, *Journal of Buddhist Ethics* 21 (March 13, 2014), 279-352

2012 “Buddhist Hard Determinism: No Self, No Free Will, No Responsibility”, *Journal of Buddhist Ethics* 19 (April 19, 2012), 130-97 (invited by editor)

2012 “Buddhist Reductionism and Free Will: Paleo-compatibilism”, *Journal of*

*Buddhist Ethics* 19 (April 11, 2012), 33-95 (invited by editor)

2010 “Earlier Buddhist Theories of Free Will: Compatibilism”, *Journal of Buddhist Ethics* 17 (December 21, 2010), 279-310

2010 “Meditation and Mental Freedom: A Buddhist Theory of Free Will”, *Journal of Buddhist Ethics* 17 (July 15, 2010), 166-212

2010 “The Case for a Contemplative Philosophy of Education”, *New Directions for Community Colleges* 151 (Fall 2010), 5-15 (invited)

2004 “Reply to Steven Cahn’s ‘The Ethics of Teaching: A Puzzle,’” *American Philosophical Association Newsletter on Teaching Philosophy* 3:2 (Spring 2004), 18-19

**PUBLICATIONS: CHAPTERS**

2022 “Selfhood and Resentment.” In *Reasons and Empty Persons: Mind,*

*Metaphysics, and Morality. Essays in Honor of Mark Siderits*. Ed. C. Coseru. Springer.

2022 “Introduction”. In *Essays on Philosophy, Praxis and Culture: An Eclectic,*

*Provocative and Prescient Collection.* Ed. L. Marinoff. New York: Anthem Press.

2021 “Is Anything We Do Ever Really Up To Us? Western and Buddhist

Philosophical Perspectives on Free Will.” In *Philosophy’s Perennial Questions: Comparing Buddhist and Western Approaches*. Ed. Steven Emmanuel. Columbia University Press.

2018 “I Could Have Done Otherwise, Had I Wanted To.” In *Clarity and Vision:*

*An Introduction to Philosophy* 2d ed., eds. Ben Abelson, Marie Friquegnon, and Raziel Abelson, ch. 6. Kendall Hunt Publishing.

2017 “What Do Buddhists Think about Free Will?” In *A Mirror Is for Reflection: Understanding Buddhist Ethics*, edited by Jake Davis, ch. 14. New York: Oxford University Press.

2016 “Meditation Matters: Replies to the Anti-McMindfulness Bandwagon!” In *Handbook of Mindfulness: Culture, Context and Social Engagement*, eds. Ron Purser, David Forbes, and Adam Burke, 473-493. Springer.

**PUBLICATIONS: BOOK REVIEWS**

2022 *How Things Are: An Introduction to Buddhist Metaphysics*. By Mark

Siderits. Oxford, UK: Oxford University Press, 2022. Pp. vi + 204. Paperback $29.95, ISBN 978-0-19-760691-9. *Philosophy East & West* 72(4):1-5.

2021 Peter Boghossian and James Lindsay, *How to Have Impossible*

*Conversations: A Very Practical Guide* (New York: Lifelong Books, 2019). 248pp. $16.99. ISBN 978-0738285320 (paperback). *APA Newsletter on Teaching Philosophy* 21:1 (Fall 2021), 3-5.

2015 Jay L. Garfield, *Engaging Buddhism: Why It Matters to Philosophy*,

Oxford University Press, 2015, 400pp., $29.95, ISBN 978-0-19-020434-1

(paperback). *Science, Religion & Culture* 2:2 (May 2015), 1-6.

2015 Christian Coseru. *Perceiving Reality: Consciousness, Intentionality, and*

*Cognition in Buddhist Philosophy.* Oxford University Press 2012. 384 pp. $78.00 USD (Hardcover ISBN 9780199843381); $29.95 USD (Paperback ISBN 9780190253110). *Philosophy in Review* 35:4 (August 2015), 191-193.

2014 Peter Boghossian, *A Manual for Creating Atheists*, Pitchstone Publishing,

2013, 280pp., $14.95, ISBN 978-1939578099 (paperback). Foreword by Michael Shermer. *Science, Religion & Culture* 1:2 (August 2014), 93-96.

**WORKS IN PRESS**

2024 “Awareness”. In *Transformative Philosophy*. Ed. Lydia Amir. New York:

Lexington Books.

**WORKS IN PROGRESS**

2024 “Philosophical Therapy: A Gestalt Approach to Philosophical Counseling,

Philosophical Coaching, and Philosophical Practices for Philosophy as a Way of Life”. *Philosophical Practice*.

2024 “Why There Is and Ought To Be a Philosophy of Meditation: A Reply to

Evan Thompson”. Tentative: *Philosophy East and West*.

2024 “Case Studies in Philosophical Therapy”. *Philosophical Practice*.

2024 “Self-forming, Self-Unforming, and Self-Transcending Aspirational

Practices: A Response to Galen Strawson’s Paradox of Self-Transformation”. Rick Repetti and John Vervaeke.

2024 *The Philosophy of Meditation: The Spoken Tao.* Monograph (Tentative:

Oxford University Press)

2024/2025 *Indian Philosophy for Everyday Life*. Monograph.

2024/5 *Meditation as Philosophy: A Guide for Philosophy as a Way of Life.*

Monograph (Tentative: Wisdom Publications)

2025/6 *Soft Compatibilism: A Buddhism-based Counterfactual Analysis of*

*Agential Causal Efficacy in the Absence of a Substantive Self.* Monograph. (Tentative: Lexington Books)

**PUBLICATIONS: NON-ACADEMIC**

August 14, 2019 “Steel Men and Viewpoint Manicheanism,” *Quillette.* [*https://quillette.com/2019/08/14/straw-men-and-viewpoint-manicheanism/*](https://quillette.com/2019/08/14/straw-men-and-viewpoint-manicheanism/)

**EDITORIAL WORK**

2024 – present *Philosophical Practice*, International Editorial Board

2022 – present *Philosophy East & West*, Reviewer

2019 – present *Publons*, Reviewer

2018 *Journal of Buddhist Ethics*, Special Issue Guest Editor

2017 – present *Journal of Buddhist Ethics*, Associate Editor and Reviewer

2014 – 2022 *APA Newsletter on Philosophy in Two-Year Colleges*, Editorial Board

2014 – 2019 *Science, Religion & Culture*, Editorial Board and Reviewer

2014 *Southwest Philosophy Review*, Reviewer

2013 – present *Buddhist Studies Review*, Reviewer

2013 *Journal of Cognitive Science*, Reviewer

**OTHER PHILOSOHICAL WORK**

2024 – present *American Philosophical Practitioners Association*, Co-chair of the Board

of Examiners

2024 – present *UTOK (Unified Theory of Knowledge) Matrix*, Member

2024 – present *American Philosophical Practitioners Association*, Faculty

2024 – present *Vervaeke Foundation*, Faculty

2023 – present *Vervaeke Foundation*, Meditation Instructor

2023 – present *Awaken to Meaning*, SEoP (Starter Ecology of Practices) Instructor

2023 – present *Philosophical Practitioners Association of India*, Faculty

2023 – present *Victor Lange Dissertation on Mindfulness*, Expert Advisor

2022 – present *X-Phi Research Project on Buddhism and Free Will*, Expert Advisor

2022 – present *Knowledgecoin.io*, Chief Philosophy Officer

**INVITED PRESENTATIONS / PAPERS / PODCAST INTERVIEWS**

January 2024 “The Journey to Philosophical Wisdom | Philosophy of Meditation #1 with

Rick Repetti”. Podcast. Voices with Vervaeke. YouTube. <https://youtu.be/JC3NpMEhGKQ?si=gAWZpijCDMngAh-e>

November 2023 “UTOKing with Rick Repetti: Determined to Be Free”. Podcast Interview.

Gregg Henriques’s UTOK: Unified Theory of Knowledge. <https://www.youtube.com/watch?v=ux0k_4_mhQ4>.

June 2023 “A Sampling of Philosophical Counseling Frameworks, Tools, and

Practices”. Paper presentation. 17th International Conference on Philosophical Practice. Timisoara, Romania.

June 2023 “Practicum on Philosophical Practices”. Workshop. 17th International

Conference on Philosophical Practice. Timisoara, Romania

May 2023 “Yoga from a Metamodern Breathwork Perspective”. Workshop.

Metamodern Spirituality Retreat. Sky Meadow Retreat Center. Greensboro Bend, VT

March 2023 “Knowledgecoin: Building a Knowledge Commons in the Digital Age”.

Symposium: Symposium: Lawful, Propositional, and Sapiential Consilience. Online conference: Consilience: Unifying Knowledge and Orienting Toward a Wisdom Commons.

January 2023 “Meditation as Philosophy: Arguments Pro and Con”. Panel: Meditation

As Philosophy? International Society for Buddhist Philosophy. American

Philosophical Association, Eastern Division. 119th Annual Meeting.

Montreal, Quebec.

December 2022 “INSIDE UTOK with Rick Repetti”. Podcast Interview. UTOK: Unified

Theory of Knowledge, Gregg Henriques. <https://www.youtube.com/watch?v=DoEEiDIdU7s>.

October 2022 “Philosophy of Meditation”. Podcast Interview: Natural Awakening, with

Wystan T. Bryant-Scott. <https://anchor.fm/wystan-t-bryant-scott/episodes/Rick-Repetti-Philosophy-of-Meditation-e1p3n9d/a-a8lv6lt>.

October 2022 “Contemporary Perspectives on the Philosophy of Meditation”.

International Webinar. Lady Keane College. Shillong, India

October 2022 “Philosophy of Meditation and the Self-Transformation Paradox”. Podcast

Interview: Voices with Vervaeke

October 2022 “Essays on Philosophy, Praxis and Culture, Anthem Press 2022. The Book

Launch!” Online. <https://www.youtube.com/watch?v=3Xtp7FIUhg0>.

September 2022 “Essays on Philosophy, Praxis, and Culture”. International Webinar. Lady

Keane College. Shillong, India

September 2022 “Spinoza’s *Ethics*.” Guest Lecturer, Modern Philosophy Study Group,

Hindu College, University of New Delhi (Zoom), Delhi, India

September, 2022 “Lou Marinoff’s *Essays on* *Philosophy, Praxis and Culture: An Eclectic,*

*Provocative and Prescient Collection*.” Invited speaker. Truth in Action: Karma Yoga and Satyagraha – New Dimensions in Gandhian Pragmatics. International webinar. Lady Keane College, Shillong, India

September 2022 “Descartes’s *Discourse on Method* and *Meditations on First Philosophy*.”

Guest lecturer. Modern Philosophy Study Group, Hindu College, University of New Delhi (Zoom), Delhi, India

August 2022 “Experiences of Meditation”. Podcast Interview. The Integral Stage.

<https://youtu.be/ZvmRliGdnYo>

June 2022 “Freedom of the Mind: A Buddhist Argument for Soft Compatibilism”.

Keynote. Beyond Free Will: Variety in Understanding of Choice, Luck, and Necessity. Vilnius University, Vilnius, Lithuania.

June 2022 “Typologies of Meditation”. Podcast Interview. The Integral Stage.

<https://youtu.be/cv3iqu-Bm5U>

June 2022 “Talk'N deep with Rick Repetti...” Podcast interview. Circling Dia-Logos

with Guy Sengstock. <https://youtu.be/4Pqhtsw1PrA>

May 2022 “Rick Repetti: Inviting Creativity into Personal Growth Practices”.

Podcast Interview. Move with Seth. <https://youtu.be/XDp3pdoJKXQ>

May 2022 “Ineffable Spiritual Experience, Secular Denialism, and Lineage

Institutions with Rick Repetti”. Podcast Interview. Paul Vanderklay. <https://youtu.be/PgJvEfcs45M>.

May 2022 “Free will, agency, and autopoiesis w/ Rick Repetti”, Podcast Interview.

Voices with Vervaeke. <https://youtu.be/JpMpEU9_wv4>

April 2022 “The Philosophy of Meditation”. Podcast interview. The Integral Stage.

<https://youtu.be/QsceON6mFT8>

April 2022 “Philosophical Writing”. *Panathenae*: The Annual Fest of the Department

of Philosophy. Online, Hindu College, University of Delhi. Delhi, India

March 2022 “Begging for More(ness). Episode 2, Part 2”. Podcast Interview. The

Meditating Philosopher. <https://youtu.be/TjB467gry9A>

March 2022 “Begging for More(ness). Episode 2, Part 1”. Podcast Interview. The

Meditating Philosopher. <https://youtu.be/NxytapB_jq4>

March 2022 “Begging for More(ness) /w Rick Repetti – Part 3”. Podcast Interview.

The Meditating Philosopher. <https://youtu.be/U7Wp2uXn3nE>

February 2022 “Practice, anti-practice, and meta-practice cycles: reincarnation within a

lifetime”. Podcast Interview. Voices with Vervaeke. <https://youtu.be/onv2Xlcv5tQ>

February 2022 “Begging for More(ness) /w Rick Repetti: Inquiry into the Meaning Crisis,

Part 2”. Podcast Interview. The Meditating Philosopher. <https://youtu.be/pMZVikI0ri0>

February 2022 “Begging for More(ness) /w Rick Repetti: Inquiring into John Vervaeke

and The Meaning Crisis”. Podcast Interview. The Meditating Philosopher. <https://youtu.be/h8JHUNNIGRU>

January 2022 “Relative Merits of Philosophical Counseling”. International Conference

on Philosophical Counseling. Online, University of Delhi. Delhi, India

December 2021 “Transformative experience and philosophical counselling w/ Rick

Repetti”. Podcast Interview. Voices with Vervaeke. <https://youtu.be/FVSVUT_DeBk>

December 2021 “The philosophy of meditation, transformative experience, etc., w/Rick

Repetti”. Podcast Interview. Voices with Vervaeke. <https://youtu.be/VSURwG1f_U8>

August 2019 “Episode 315: Rick Repetti: Buddhism, Meditation, and Free Will: A

Theory of Mental Freedom”. Podcast interview. The Secular Buddhist. Secular Buddhist Association. <https://player.fm/series/the-secular-buddhist/episode-315-rick-repetti-buddhism-meditation-and-free-will-a-theory-of-mental-freedom>

July 2019 “How Do We Know What Is True? A Look at Objectivist Epistemology:

A Chat with Rick Repetti.” APEX Level To Power Podcast # LTP 037, <https://leveltopower.com/index.php/2019/07/29/ltp-037-how-do-we-know-what-is-true-a-look-at-objectivist-epistemology-a-chat-with-rick-repetti/>

July 2019 “How to Win an Online Argument Using Reason: The Case of the

Tattoo.” APEX Level To Power Podcast # LTP 035, <https://leveltopower.com/index.php/2019/07/29/ltp-035-how-to-win-an-online-argument-the-case-of-the-tattoo-taboo-a-chat-with-rick-repetti/>

January 2019 “A Defense of *Buddhism, Meditation, and Free Will: A Theory of Mental*

*Freedom*,” APA Author Meets Critics Panel Discussion (of my monograph). Ethics in Indian and Tibetan Buddhist Philosophy. APA Eastern Division Annual Convention. New York City.

January 2019 “Two Truths about Buddhist Agency: From the Personal to the

Impersonal?” Panel Discussion: Ethics in Indian and Tibetan Buddhist Philosophy. APA Eastern Division Annual Convention. New York City.

May 2018 “Philosophy: Who Needs It Series, Part 2. How To build A Stronger Foundation - A Chat with Rick Repetti.” APEX LTP Podcast #33, [https://leveltopower.com/index.php/2018/05/13/ltp-033-philosophy-who-needs-it-series-part-2-how-to-build-a-stronger-foundation-a-chat-with-rick-repetti](https://leveltopower.com/index.php/2018/05/13/ltp-033-philosophy-who-needs-it-series-part-2-how-to-build-a-stronger-foundation-a-chat-with-rick-repetti-and-jim-luisi/)

May 2018 “Philosophy: Who Needs It Series. How To build A Stronger Foundation - A Chat with Rick Repetti.” APEX Level to Power Podcast #32, [https://leveltopower.com/index.php/2018/05/13/ltp-032-philosophy-who-needs-it-series-how-to-build-a-stronger-foundation-a-chat-with-rick-repetti](https://leveltopower.com/index.php/2018/05/13/ltp-032-philosophy-who-needs-it-series-how-to-build-a-stronger-foundation-a-chat-with-rick-repetti-and-jim-luisi/)

January 2018 Author Meets Critics. Panel discussing my edited collection, *Buddhist*

*Perspectives on Free Will*. APA Eastern Division Annual Convention.

Savannah, GA.

January 2018 Panel Discussion: Ethics in Indian and Tibetan Buddhist Philosophy. APA

Eastern Division Annual Convention. Savannah, GA.

January 2018 Panel Discussion. Committee of Philosophy in Two-Year Colleges. APA

Eastern Division Annual Convention. Savannah, GA.

February 2017 “Buddhist Meditation, Mental Freedom, and Free Will”. Lecture and book signing, Gotham Philosophical Society. Cornelia Street Cafe, NYC

January 2017 “Applying the Indo-Tibetan Causal Criterion for Ontological Substantiality to the Issue of Agency”. Panel. APA Eastern Division.

October 2016 “Episode 261: Rick Repetti: Buddhist Perspectives on Free Will”, Podcast interview. The Secular Buddhist. Secular Buddhist Association. <https://player.fm/series/the-secular-buddhist/episode-261-rick-repetti-buddhist-perspectives-on-free-will>

October 2016 “Applying the Indo-Tibetan Causal Criterion for Ontological Substantiality to the Issue of Agency”. Panel. Philosophical Foundations of the Tantra. Joint Meeting of Society for the Study of Indian and Tibetan Buddhist Philosophy, Society for Ancient Greek Philosophy, and Society for the Study of Islamic Philosophy and Science. Fordham University, NYC

April 2016 “Philosophical Conceptions of Happiness”. Panel. 1st Liberal Arts

Symposium, CUNY/Kingsborough

March 2016 “Animal Rights”. Panel. Ethics and Animals, CUNY/Kingsborough

February 2016 “Jobs and Rewards: Teaching Philosophy at Community Colleges”. Panel.

APA Committee on Philosophy in Two-Year Colleges, 112th Annual Meeting of the APA, Central Division, Chicago, IL

January 2016 “Jobs and Rewards: Teaching Philosophy at Community Colleges”. Panel.

APA Committee on Philosophy in Two-Year Colleges, 112th Annual Meeting of the APA, Eastern Division, Washington, D.C.

February 2015 “How Do I Obtain and Keep a Full-Time Community College Faculty

Position?” Panel. APA Committee Session, 111th Annual Meeting of the

APA, Central Division, St. Louis, Missouri

October 2014 “Born-again Buddhists: On the Buddhist Necessity of Belief in

Reincarnation.” Panel. Indian and Tibetan Buddhist Philosophy: Rebirth,

32nd Annual Meeting of the Society for Ancient Greek Philosophy and the

Society for the Study of Islamic Philosophy and Science, Fordham

University, NYC

December 2013 “Author Meets Critics: Charles Goodman, Consequences of Compassion.”

Panel. International Society for Buddhist Philosophy, 100th Annual

Meeting of the APA, Eastern Division, Baltimore, MD

June 2013 “Visiting Sacred Spaces: Experiencing ‘The Other,’ Up Close and

Personal.” Panel. Civic Engagement Projects. “21st Century Citizens:

Building Bridges, Solving Problems.” 2013 Meeting of the

American Democracy Project and The Democracy Commitment.

Denver, CO

February 2013 “Buddha, Not Prozac: Meditation, Free Will, and Mental Freedom.”

Philosophy Department Colloquium, William Paterson University,

Wayne, NJ

December 2012 “The *Dharma*-responsive Theory of Free Will: Enough ‘Freedom to’ to

Attain ‘Freedom from.’” Paper. Columbia Society for Comparative Philosophy, Columbia University, NYC

November 2012 Response to Owen Flanagan’s “Buddhist Quietism about Free Will.”

Columbia Society for Comparative Philosophy, Columbia University,

NYC

October 2011 “Free-Will-Possessing and Enlightened Buddhist Brains in Vats.” Panel Five: Freedom & Responsibility. Contemporary Perspectives on Buddhist Ethics, conference, Columbia University, NYC. <http://www.cbs.columbia.edu/buddhist_ethics/panel-five.html>

April 2009 “Socrates, Meet Buddha: On the Use of Mindfulness Meditation in the Philosophy Class.” Paper. 2nd Mindful Learners Conference: Classroom Practices and Faculty Conversations, CUNY Graduate Center, NYC

April 2009 “Mindfulness Meditation and Autonomy: A Buddhist Theory of Free Will.” Paper. Asian American / Asian Research Institute, CUNY, NYC. <https://youtu.be/kaaz_liRKjI>

May 2008 “Opening the Circle.” Interactive workshop. 4th Annual General Education Conference, CUNY/Baruch College, NYC

May 6, 2008 “Reflective Practices.” Faculty development seminar. Teaching Learning Center, CUNY/Borough of Manhattan Community College, NYC

May 2007 “The Knower and the Known: Contemplative Practice in Teaching.” Interactive workshop. 3rd Annual CUNY General Education Conference, CUNY/Queens College, Queens, NY

March 2007 “Creating Space for Silence: Interdisciplinary Contemplations on Identity.” Chair. Conference on College Composition and Communication, NYC

March 2007 “Philosophical Contemplations on the Self, from the Self.” Panel. Conference on College Composition and Communication, NYC

October 2006 “The DaVinci Code: A Discussion.” Lead discussion. Italian Heritage and Culture Month. CUNY/Kingsborough, Brooklyn, NY

October 2006 “African Philosophy in the Philosophy Curriculum?” Panel. Philosophy & African Diaspora Culture. 5th Work in Progress at CUNY on the African Diaspora Interdisciplinary Conference, CUNY Graduate Center, NYC

August 2006 “Interactive Workshop on Contemplative Practices in Philosophy Class.” Workshop. 16th Biennial International Workshop Conference of American Association of Philosophy Teachers, Washington & Jefferson College, Pittsburgh, PA

August 2006 “Workshop on the Double Use of Multiple Choice Quizzes.” Workshop. 16th Biennial International Workshop Conference of the American Association of Philosophy Teachers, Washington & Jefferson College, Pittsburgh, PA

August 2006 “Interactive Workshop on the Use of the Student's Own Philosophical Beliefs.” Workshop. 16th Biennial International Workshop Conference of the American Association of Philosophy Teachers, Washington and Jefferson College, Pittsburgh, PA

July, 2006 “Inner and Outer Peace.” Meditation. CUNY/Kingsborough Community College. “Meditation on Peace” event, Brooklyn, NY

April 2006 “Contemplative Studies.” Panel. Mindful Learners: Uses of Contemplative Practice in the Classroom Conference, CUNY Graduate Center, sponsored by the Center for Contemplative Mind in Society, NYC

March 2006 “The Spirit of Robert's Rules of Order.” Paper. 2nd Annual

International Convention of the Student World Assembly, McGill

University, Montreal, CA

March 2006 “Global Democracy.” Panel. 2nd Annual International Convention of the Student World Assembly, McGill University, Montreal, CA

**GRANTS / AWARDS AT CUNY/KINGSBOROUGH**

2022 Mindfulness Meditation Training Pilot Program ($900), Promoting

Student’s Sense of Belonging, a Kingsborough Community College initiative.

2016 President’s Grant for Scholarly and Applied Research – course release to

work on formal book proposal for Buddhism and Free Will monograph

2010/2011 PSC-CUNY PSCREG-41-167 Research Award for “Buddhism and Free

Will” – $1,928.50

2009/2010 PSC-CUNY PSCREG-40-225 Research Award for “A Genuinely

Deterministic Theory of Soft Determinism” – $2,660.00

2009/2010 Faculty Fellowship Publication Program – course release

2008/2009 PSC-CUNY PSCREG-39-253 Research Award for “Mindfulness

Meditation and Free Will” – $3,990.00

2007/2008 PSC-CUNY PSCREG -38-109 Research Award for “Does Mindfulness Meditation Enhance Philosophical Engagement” – $1,000.00

2006 CUNY Faculty Development Grant for “Reflective Practice: Medium & Message”, a learning community exploring use of contemplative practices in Classical Philosophy, English, Speech, and Student Development courses, with Kate Garretson and Holly Krech Thomas - $10,000.00

2006 Kingsborough Community College “President’s Innovative Pedagogy Award” for contemplative pedagogy course, “Reflective Practice: Medium & Message”, shared with Kate Garretson and Holly Krech Thomas

**DISTINCTIONS AT CUNY/GRADUATE SCHOOL**

1990 – 2003 Awarded Graduate University Tuition Scholarships and Graduate

University Tuition Fellowships (several times for each type)

1996 – 2000 Awarded 3-year Graduate Teaching Fellowship (twice)

1990 – 1993 Awarded three Graduate Research Assistantships, assigned to

Distinguished Professor of Philosophy Jerry Katz

**DISTINCTIONS AT CUNY/BROOKLYN COLLEGE**

1989 *Phi Beta Kappa, summa cum laude, Alpha Sigma Lambda, Alpha Sigma Lambda* Award, Departmental Honors in Philosophy, Philosophy Department Senior Scholarship, College Senior Award, Mangione Memorial Award, Gold Pen (Journalism) Award, Howard Hintz (refereed) Essay Award: “Critique of Nozick's Entitlement Theory”

1988 Howard Hintz Essay Award: “Locke's Proviso and the Minimal State”, Hirsch Scholarship

1987 Howard Hintz Essay Award: “Lifeboat Ethics: The Singer-Hardin Debate”, Saul Lyons Scholarship

1986 Dean's List

**DISTINCTIONS AT CUNY/LEHMAN COLLEGE**

1985 - 1986 Lehman Scholar

**OTHER PROFESSIONAL EDUCATION**

Fall 2023 Dialectic to Dialogos. 12-weekprofessional development training. Online.

Vervaeke Foundation.

October 2023 Nelsonian Socratic Dialogue Training. Three-day professional

development training. Online. American Philosophical Practitioners Association.

May 2023 “More Wise: How to Practice Wisdom”. 3-day professional development

training. Respond Network.

December 2022 “The Wisdom Project. Seven-week professional development workshop.

Online, with Iris Stammberger.

October 2022 Dilemma Training. Two-day professional development training. Online.

American Philosophical Practitioners Association

June 2022 Dialectic to Dialogos. Two-day retreat, online. The Circling Institute.

California

February 2018 Certification: Mindfulness Practitioner Levels 1, 2, 3, and Master

Udemy Certification Program

December 2017 Certification: Life Coach

Udemy Certification Program

October 2017 Certification: Cognitive Behavioral Therapy Practitioner

Udemy Certification Program

July 2017 Certification: Philosophical Counselor

Philosophical Practitioner Certification Training Program

American Philosophy Practitioners Association, NYC

October 2011 Contemporary Perspectives on Buddhist Ethics

Conference

Columbia University, NYC

2003 – 2005 Gestalt Center for Psychotherapy and Training, New York, NY

Training towards certification for QGT (Qualified Gestalt Therapist)

Gestalt Psychotherapist in Training

Two years training

One-year of client counseling, under supervision

**OTHER PROFESSIONAL EXPERIENCES / CONFERENCES**

March 2024 Annual Meeting of the APA, Pacific Division, Portland, Oregon. 4-day

conference.

January 2024 Annual Meeting of the APA, Eastern Division, New York, NY. 4-day

conference.

June 2023 International Conference on Philosophical Practice. Timisoara, Romania.

4-day conference.

March 2023 Consilience: Unifying Knowledge and Orienting Toward a Wisdom

Commons. Three-day online conference.

January 2023 Annual Meeting of the APA, Eastern Division, Montreal, Quebec. 4-day

conference.

November 2022 Śāntideva: Utilitarian or Eudaimonist? Charles Goodman and Amod Lele

Center for Culture, Society and Religion. Princeton University, NJ

Sept/Oct 2022 Buddhist Ethics 3.0. Invited

Three-day conference, invitation only.

University of British Columbia, Vancouver, Canada

July 2022 Board of Directors Retreat

American Philosophical Practitioners

Association. Three-day retreat, Monroe, NY

January 2019 Annual Meeting of the APA, Eastern Division

Three-day philosophy conference, NYC

February 2017 Readings of the *Bodhicaryāvatāra*

Conference

Princeton University, Princeton, NJ

January 2017 Annual Meeting of the APA, Eastern Division

Three-day philosophy conference, Baltimore, MD

Summer 2016 Conference on Buddhist Ethics. Three-day philosophy conference, by

invitation only. Dickinson College, PA

May 2016 Peace Building through Intercultural Dialogue

7th Annual Friendship Dinner, Turkish Cultural Center, Baku Palace,

Brooklyn, NY

April 2016 Global Citizenship Alliance

8-day global citizenship seminar, Salzburg Austria

March 2016 Annual Meeting of the APA, Central Division

Three-day philosophy conference, Chicago, IL

January 2016 Annual Meeting of the APA, Eastern Division

Three-day philosophy conference, Washington, DC

December 2014 Annual Meeting of the APA, Eastern Division

Three-day philosophy conference, Philadelphia, PA

December 2013 Annual Meeting of the APA, Eastern Division

Three-day philosophy conference, Baltimore, Maryland

June 2013 The Democracy Commitment & the American Democracy Project

2013 Joint National Meeting

Three-day conference, “21st Century Citizens: Building Bridges, Solving

Problems.” Denver, Colorado

July/August 2012 Bridging Cultures Summer Institute

Six-day curriculum and faculty development project, supported by a grant from the National Endowment for the Humanities: “Bridging Cultures to Form a Nation: Difference, Community, and Democratic Thinking.” University of Vermont, Burlington, VT

May 2009 American Philosophy Practitioners Association

Annual Meeting, CUNY/City College, NYC

May 2008 Making It Work and Making It Matter

4th Annual CUNY General Education Conference, CUNY/ Baruch College, NYC

May 2007 Professing Liberal Education: What Do We Need to Know? What Do We Need to Do?

3rd Annual CUNY General Education Conference, CUNY/Queens College, NYC

April 2007 Salzburg Global Studies Program

9-day Global Citizenship Seminar, Salzburg, Austria

March 2007 Conference on College Composition and Communication

Three-day pedagogy conference, NYC

February 2007 The Collaborative Institutional Training Initiative

Human Research Protections Training Program, CUNY

January 2007 Designing & Publishing Classroom-Based Research: Winter Seminar

Four-day workshop, Kingsborough Center for Teaching & Learning’s Scholarship of Teaching & Learning (SoTL), facilitated by Connie Schroeder (U. of Wisconsin-Milwaukee) in support of SoTL research pilot, “The Effects of Mindfulness Meditation Sessions in the Philosophy Classroom”

October 2006 The Fifth Work in Progress at CUNY on the African Diaspora Interdisciplinary Conference

Conference on African philosophy, CUNY Graduate Center

August 2006 Biennial International Workshop Conference

Four-day workshop conference of The American Association of Philosophy Teachers, on philosophy pedagogy, Washington and Jefferson College, Pittsburgh, PA

2003 – 2005 The Free Will Circle

CUNY Graduate Center, NYC

Founder/organizer: Weekly free will reading/discussion group

**OTHER PROFESSIONAL EXPERIENCE: GENERAL**

2023 – present Meditation Instructor

Vervaeke Foundation

Online

2023 – present Facilitator, Starter Ecology of Practices (SEoP)

Awaken to Meaning

Online

2022 – present Vice President, American Philosophical Practitioners Association, NY

2021 – present Board of Directors, American Philosophical Practitioners Association, NY

2017 – present Philosophical Practitioner, Life Coach, CBT Practitioner, Brooklyn, NY

and online. Private practice

2020 – present Meditation Instructor

Natural Balance Wellness Center, Brooklyn, NY

2000 – 2020 Meditation & Yoga Instructor

Natural Balance Wellness Center, Brooklyn, NY

2007 – 2008 Paradocs, New York, NY, copyeditor

2002 – 2003 Gestalt Psychotherapist, under supervision. Gestalt Center for

Psychotherapy and Training, New York, NY

1990 – 1998 Freelancer, copy edited several books and/or journal articles for Jerry Katz (CUNY Graduate School), Professors Beth Singer and Gertrude Ezorsky (Brooklyn College)

1996 – 1998 Mitchell Madison Group, New York, NY

Copyeditor, consulting firm

1986 – 1996 Proskauer Rose Goetz & Mendelsohn, LLP, New York, NY

Litigation paralegal/legal proofreader, corporate law firm (extensive

analytic and organization skills)

**INNOVATIVE PEDAGOGY**

2019 - present *Introduction to Philosophical* *Problems* and *Ancient Philosophy.*

Designed, fully online courses

2013 - 2017 *Philosophy of Religion*, web-enhanced, linked with English Composition

II, Integrative Studies Program, Learning Community

2010 - 2017 *Problems in Philosophy*,designed, web-enhanced, hybrid, and/or linked with English Composition I

2007 - 2017 *Honors Global Ethics*, designed, hybrid, linked with Salzburg Seminar International Studies Program and Global Citizenship Alliance

2012 - 2014 *Philosophy in Asian Traditions*, web-enhanced, linked with English

Composition II, Advanced Learning Community

2007 - 2012 *History of Philosophy: The Classical Philosophers*, web-enhanced, linked with English Composition I, Open Doors Learning Community

2009 *Ethics*, web-enhanced, linked with English Composition II, Advanced Learning Community

2009 *Honors History of Philosophy: The Classical Philosophers*, hybrid

2008 *Global Ethics and Identity*, Vassar College

2007 *Engaged Ethics: Integrating Contemplative Practice & Social Justice*,

Vassar College

**CONTEMPLATIVE DISCUSSION GROUPS**

2016 – present Buddhist Philosophy and Practice Discussion Group, Facebook, moderator, <https://www.facebook.com/groups/BuddhistPhilosophyPractice/>

2016 – present Buddhism and Free Will Discussion Group, Facebook, founder/administrator, <https://www.facebook.com/groups/620183721485783/>

2012 – present Rockaway Meditation Group, Facebook, founder/administrator, <https://www.facebook.com/groups/496565260387501/>

2011 – present KCTL Contemplative Practices Meditation Group, Facebook, founder/administrator, <https://www.facebook.com/groups/209051622606199/>

2007 – present CUNY Contemplatives Network, Facebook, founder/administrator, <https://www.facebook.com/groups/189993227719128/>

2005 – present CUNY Contemplatives Network, PBworks wiki, founder/administrator, http://cunycontemplatives.pbworks.com/

2009 – 2012 Association for Contemplative Mind in Higher Education, blog facilitator, www.achme.org

**CONTEMPLATIVE EXPERIENCE: GENERAL**

2022 Meditation as Practical Wisdom

Day retreat

Natural Balance Massage & Wellness Center

Brooklyn, NY

2022 The Wisdom Project, with Iris Stammberger

Seven week program, weekly two-hour workshops

Online sapiential / self-transformation workshop series

2022 Buddhist Ethics 3.0

Private three day conference, invitation only

University of British Columbia, Vancouver, Canada

2022 Circling Dialogos, with John Vervaeke, Guy Sengstock, and Christopher Mastropietro

Two-day retreat

Online sapiential / self-transformation workshop series

2022 *Tripurārahasya*, by Ācārya Sthaneshwar Timalsina

Online course, Vimarsha Foundation

2021 *Yoga Vashishta*, by Sthaneswar Timalsina

Online course, Vimarsha Foundation

2007 – present Contemplative Practices Faculty Interest Group

Kingsborough Center for Teaching and Learning

CUNY/Kingsborough Community College, Brooklyn, NY

Lead weekly, year-round meditation and contemplative studies group for faculty, staff and students

2006 – present CUNY Contemplatives Network

Co-founder/administrator

2000 – present Natural Balance Massage & Wellness Center, Brooklyn, NY

Provide meditation workshops, yoga classes, and yoga therapy

2020 Meditation Day Retreat, Natural Balance Massage & Wellness Center, Brooklyn, NY

2019 Meditation Half-Day Retreat, Natural Balance Massage & Wellness Center, Brooklyn, NY

2019 Meditation Day Retreat, Natural Balance Massage & Wellness Center, Brooklyn, NY

2018 Meditation as Philosophy, 4-week series, Natural Balance Massage & Wellness Center, Brooklyn, NY

June 2016 Buddhist Ethics

Private 3-day conference, invitation only

Dickinson College, Carlisle, PA

April 2016 Contemplative Community Building Retreat

4-day Fellows retreat, The Center for Contemplative Mind in Society Fetzer Institute’s Seasons Retreat Center, Kalamazoo, MI

2012 – 2103 Rockaway Meditation Group

Founder, lead meditations in Rockaway yoga community in the wake of Hurricane Sandy

May/June 2012 National Endowment for the Humanities: Summer Institute

Two-week institute, “Investigating Consciousness: Buddhist and Contemporary Perspectives”, College of Charleston, Charleston, SC

2011 – 2014 CUNY Fall Mindfulness Lecture Series

CUNY Graduate Center, NYC

Co-organizer, monthly colloquia inviting Dharma teachers, philosophers, neuroscientists, and other leading intellectuals to lecture/discuss mindfulness meditation

May 2010 3-day Retreat with His Holiness the Dalai Lama, Teaching on Nagarjuna’s

*Commentary on Bodhicitta*, and Shantideva’s *A Guide to the Bodhisattva's Way of Life*, Radio City Music Hall, NYC

April 2009 The Contemplative Heart of Higher Education

Association for Contemplative Mind in Higher Education

Amherst College, Amherst, MA

Three-day contemplative pedagogy convention

April 2009 Classroom Practices and Faculty Conversations

2nd Mindful Learners Conference

CUNY/Graduate Center, NYC

Organizer, led meditation, panel presentation

November 2007 Retreat for Academics

Center for Contemplative Mind in Society

Trinity Conference Center

West Cornwall, CT

Four-day contemplative pedagogy retreat

August 2006 Summer Session on Contemplative Pedagogy

Center for Contemplative Mind in Society, held at Smith College, Northampton, MA

Five-day contemplative pedagogy training program,

April 2006 Mindful Learners: Uses of Contemplative Practice in the Classroom

CUNY/Graduate Center, NYC

Sponsored by Center for Contemplative Mind in Society

Organizer, led meditation, panel presentation, break-out workshop leader

Oct. 2003-May 2005 Gestalt Center for Psychotherapy and Training

NYC and West Cornwall, CT

Two-year full-time post-graduate Gestalt psychotherapy training program Four three-day retreats

64 Continuing Education Units (CEUs)

August 2003 Insight Meditation Society

Barre, MA

Three-day mindfulness meditation training retreat with Dhamma Dena

2001 – 2003 Yoga and Meditation Instructor

Teach yoga and meditation in several Community Centers

Brooklyn, NY

2000 - 2002 South Shore H.S., Brooklyn, NY

Continuing Adult Education Program

Teach yoga and meditation courses

2001 CUNY/Brooklyn College, Brooklyn, NY

Continuing Adult Education Program

Teach yoga course

2000 Integral Yoga Ashram

Yogaville, Virginia

Three-day yoga training retreat

**COURSES TAUGHT: CUNY/KINGSBOROUGH**

* *Philosophy in Asian Traditions*
* *Philosophy of Religion*
* *Problems in Philosophy: God, Humanity, and Nature*
* *History of Philosophy: The Modern Philosophers*
* *History of Philosophy: The Classical Philosophers*
* *Introduction to Philosophical Problems*
* *Global Ethics*
* *Honors Global Ethics*
* *Ethics*
* *Bioethics*
* *Logic*

**COURSES TAUGHT: VASSAR**

* *Engaged Ethics: Integrating Contemplative Practice and Social Justice*
* *Global Ethics and Identity*

**COURSES TAUGHT: CUNY/BROOKLYN**

* *Knowledge, Existence, Value* (Core)
* *Ethics and Society*
* *Ethical Theory*
* *Ethical Issues in Business*
* *Yoga* (in the Continuing Adult Education program)

**COURSE TAUGHT: CUNY/LAGUARDIA**

* *Introduction to Philosophy*

**COURSES TAUGHT: CONTINUING ED PROGRAM/South Shore H.S.**

* *Meditation*
* *Yoga*

**SERVICE AT CUNY/KINGSBOROUGH**

2020 – present PSC-CUNY Grievance Counselor (Kingsborough)

2020 – present University Faculty Senate (CUNY), senator

2019 – present PSC-CUNY Delegate Assembly (Kingsborough/CUNY)

2015 – present College Council Delegate at Large, Instructional Committee

2014 – present Departmental Personnel & Budget Committee

2014 – present College Now (early college) Course Coordinator

2006 – present Kingsborough Center for Teaching and Learning Advisory Board

2006 – present Contemplative Practices Faculty Interest Group facilitator

2016 – 2022 College Council, Chair of Instructional Committee

2014 – 2018 Ethics Assessment Team Leader

2006 – 2018 Student World Assembly, Faculty Advisor

2007 – 2017 Vassar College Exploring Transfer Program, Campus Coordinator

2006 – 2017 Salzburg / Global Citizenship Alliance Seminar campus coordinator

2006 – 2016 Learning Communities participant

2006 – 2016 Philosophy Club, Faculty Advisor

2014 – 2015 Philosophy Search Committee, Chair

2014 – 2015 Liberal Arts Advisory Board

2014 College Council, Legislative Committee

2013 – 2014 Presidential Search Subcommittee Chair

2006 – 2014 Department Curriculum Committee

**PROFESSIONAL AFFILIATIONS / ACTIVITIES**

2022 – present *Knowledgecoin.io*, Chief Philosophy Officer

2022 – present *American Philosophy Practitioners Association*, Vice President

2021 – present *American Philosophy Practitioners Association*, Board of Directors

2018 – present *American Philosophy Practitioners Association,* Faculty

2016 – present *American Philosophy Practitioners Association,* Member

2016 – present *Center for Contemplative Mind in Society*, Fellow

2014 – present Gotham Philosophical Society, Attendee & Presenter

2009 – present *Association for Contemplative Mind in Higher Education,* Member

2009 – present *American Philosophy Practitioners Association,* Member

2007 – present Columbia Society for Comparative Philosophy, Attendee & Presenter

2006 – present *Center for Contemplative Mind in Society*, Member

2005 – present *CUNY Contemplatives Network*, Founding Member

2005 – present *American Association of Philosophy Teachers*, Member

1990 – present *American Philosophical Association,* Member and Presenter

2016 – 2017 *APA Committee on Two-Year Colleges*, Chair

2003 – 2017 CUNY Cognitive Science Speaker Series

1991 – 2017 CUNY Graduate School Philosophy Colloquia, Attendee

2014 – 2016 *APA Committee on Two-Year Colleges*, Associate Chair

**PERSONAL**

I have been practicing Buddhist, Hindu, and Daoist meditation and yoga techniques for five decades, and teaching them in the college and the larger community for 24 years. My research program is the development of the discipline of the philosophy of meditation in Western philosophy and its potential to both increase agency and increase our understanding of agency, as well as to bring this practical philosophical wisdom into the realm of public philosophy. I'm also a committed certified Philosophical Counselor with clients across the US (Florida, Arkansas, Ohio, New York, California, etc.) and all over the world (Taiwan, Japan, Uganda, Denmark, etc.), with certifications in Cognitive Behavioral Therapy, Mindfulness Meditation, and Life Coaching, and with two years training and one year client supervision in Gestalt Psychotherapy, all of which I construe as elements of philosophy as a way of life. I am currently working with cognitive scientist John Vervaeke on our overlapping research programs, which include his initiative to create a “religion that is not a religion”, as a remedial response to the contemporary meaning crisis, and we are about to launch a co-hosted podcast series, The Philosophy of Meditation. I’ve been on about two dozen podcasts in the last year discussing philosophy and meditation, including Voices with Vervaeke, which has upwards of 100,000 followers. I’m also the chief philosophy officer for a tech start-up company designing a decentralized knowledge validation platform on the blockchain, Knowledgecoin.io, devoted to reducing misinformation in the domain of public discourse. As an athlete and a yogi, I exercise, meditate, and practice yoga and related meditative and contemplative practices daily. I am continually engaged in an ecology of self-transformational and related sapiential practices, including philosophical fellowship, deep philosophy, and related psychotechnologies. I lead a weekly meditation group for the college community, and I’m involved in a presently informal attempt to develop a CUNY-wide Center for Contemplative Studies at CUNY. I’ve also competed as a distance runner, completed nine marathons, and hold the rank of 4th degree black belt in Shotokan karate (5th being the highest degree in my style, pre-JKA Shotokan).

**REFERENCES**

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