

**The Betrayal of Philosophy
Rediscovering the Self in Plato's *Parmenides***

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Abstract

If we are to understand what it is to become philosophers in the Platonic sense we must not ignore that the central idea of Plato has not been translated.¹ The basic ethical issue is whether or not this betrayal was a deliberate falsification of Plato, or out of ignorance. However, whichever is the case, to repeatedly ignore this most profound idea is tantamount to a betrayal of philosophy itself. The consequence of this betrayal is that readers have been left with a most superficial idea of Platonic philosophy and, likely, have come to the conclusion that philosophy is too abstract and empty of personal references to be taken seriously. We will correct this error by viewing two principle dialogues of Plato with a new appreciation for the simple meaning of a single word. The implications of our review will bring philosophy back as the fundamental challenge of our age, for it is in our time that many seek a personal meaning that is not relative, and can be said to be true since it touches reality.

Keywords: *Plato, Parmenides, The Republic, self, logos, pathologos*

Facing Life after Facing Death: The Moral Occasion of Cancer

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Abstract

For most people the experience of illness uproots the existential and moral foundation they stand on. But if the illness narrative can be understood as a moral occasion for the care of the self, cancer rehabilitation can greatly benefit from philosophical practice. In a recent research project I explored this new approach to rehabilitation by carrying out an empirical-philosophical study of three Socratic dialogue groups (SDG) that I conducted at the Center for Cancer and Health in Copenhagen, Denmark. This article identifies three common features in the relevance of philosophizing through Socratic dialogue that the study revealed and demonstrates how these features connect to the dialogues' experimental and communal dimension.

Keywords: *Socratic dialogue, cancer rehabilitation, self-care, moral laboratory, community of care*

**A Model for Philosophical Groups
that Supports Philosophy as a Way of Life**

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Abstract

Philosophical practice is enhanced with the use of strategies that make sound philosophical thinking a way of life. This paper puts forth an ancient model that would mentor individuals within a group setting in a philosophical way of life that promotes happiness and is centered on the care of themselves and their souls. It explains how various exercises, grounded in rigorous philosophical techniques, could enable people to immerse themselves in a way of life that is philosophical.

Keywords: *philosophical communities, happiness, Know Thyself, exercises, Stoicism, teacher/master*

**Rational Emotive Behavior Therapy:
A Philosophical Approach to Counseling and Therapy**

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Abstract

This paper provides an introductory look at the counseling theory Rational Emotive Behavior Therapy (REBT), its creator Albert Ellis, and its relationship to traditional and modern practices of philosophy. Connections are drawn to highlight the influence of philosophy on the formation of REBT as a philosophical approach to counseling as well as techniques used by the REBT counselor. Contradictory practices between REBT and traditional philosophy are also drawn to highlight the salient differences between the two. Special attention is provided to the application and conceptualization of REBT with a multicultural client population. Practicing counselors, graduate students in counseling, and counselors educators interested in learning more about REBT may find this paper of benefit to their learning and practice.

Keywords: *Rational Emotive Behavioral Therapy, Philosophical Counseling, Counseling Practice, Counseling Theory, Multicultural Counseling*